

# Multi Use Games Area Upgrade to teen play area New Adult Fitness zone

Sunningdale Parish Council - 14 February to 14 March 2022

## Consultation

# What is proposed and why ...

- ▶ The Parish Council own and operate Broomhall Lane Recreation Ground for the benefit of the residents and visitors to the parish
- ▶ Over the years many improvements have been made to the original Recreation Ground which was initially a sports pavilion and playground
- ▶ The last 4 years have seen numbers of visitors and active users of the Recreation Ground increasing - either as families on the playgrounds, social groups on the field playing football etc, Tennis players or recently Outdoor Fitness classes
- ▶ The following project has been identified in line with the council Business Plan promoting health and wellbeing to residents and visitors

# What would we like you to do ...

- ▶ The project is to be funded by CIL - Community Infrastructure Levy - which is paid to the Parish Council to 'mitigate the effect of development'. In this case this mitigation would be by providing new and improved facilities within an Open Space
- ▶ Whilst the council has identified what would fit in the Recreation Ground and spoken to many users on the improvements, we would now like to hear from you - the Residents - on what your views are and whether you would use these new facilities
- ▶ We have tried to answer as many questions as possible - see our [FAQ section](#) - but we are always happy to receive more
- ▶ And to make this as easy as possible we have a quick survey at the end of this presentation

# Broomhall Recreation Ground

Currently providing:

- Large Under 12s Playground
- 3 Floodlit Tennis Courts
- Teen Scene playground - with equipment becoming worn and dated
- Adult Fitness area with old and dated equipment and located in the wrong space



# Proposed New Equipment and Areas

- ▶ Multi Use Games Area (MUGA)
  - ▶ Floodlit all weather surface for sports such as 5-a-side, Tennis, Paddle Tennis, Basket Ball
  - ▶ Available to hire by the hour and for community use
- ▶ New Play Area aimed at 10 - 14 year olds
  - ▶ Relocated to allow better parent supervision at the park
  - ▶ New youth fitness equipment
- ▶ New Dedicated Adult Fitness Zone
  - ▶ Relocated away from the playgrounds to encourage use
  - ▶ Aimed at Adults and Teens 14+ for Fitness

# 1. Multi Use Games Area (MUGA)

1. Used to host multiple sports in a single area - initially proposed for:
  - ▶ 5-a-side football
  - ▶ Tennis (not competitive)
  - ▶ Paddle Tennis
  - ▶ Basketball and Netball
2. Better standard of pitch surface in comparison to grass for all round year and weather play
3. Lighting makes the hours of use longer providing sport to greater numbers
4. Surface used in MUGA (Polymeric grass) lowers the risk of injury to participants
5. Long life span after installation - 15 year as industry standard
6. Encourages team sports which cater for a wider range of skill levels
7. Team sports are known to relieve stress and anxiety







Image showing proposed location



MUGA



# What would we like to hear from you?

- ▶ Have you or any member of your household used a MUGA facility elsewhere?
- ▶ If so, what sports have you played on it?
- ▶ Do you currently visit Broomhall Recreation Ground for sporting activities - tennis, football, fitness?
- ▶ Would you or a member of your household use the MUGA facility for football, tennis, paddle tennis, basket ball or Net ball?
- ▶ Would you use it for other sports?
- ▶ Click on Survey to provide answers ... [jump to survey now](#)

## 2. Teen Play Area

- ▶ Current Teen area is becoming a challenge to maintain and retain within the safe working parameters which Health and Safety inspections require
- ▶ Location has always been seen as a issue with families visiting with multi age range children as the area is separate to the main (under 12s) playground by some distance
- ▶ Surface under the equipment easily erodes with the wet conditions faced at the park creating trip hazards and dirtier than necessary play areas
- ▶ Equipment is not 'modern' so does not hold the interest levels in comparison to what is now available in other modernised playgrounds
- ▶ Has no facility for disability access or play
- ▶ Currently co-located with the Adult Fitness equipment

## 2. Teen Play Area

- ▶ Providing age appropriate equipment for teens and ‘tweens’ has lifelong benefits
  - ▶ Modern equipment works to improve spatial awareness.
  - ▶ Increases self confidence and self esteem.
  - ▶ Improves cognitive development.
  - ▶ Helps promote problem solving skills.
  - ▶ Reduces the risk of childhood obesity.
  - ▶ Helps children to become and remain physically active into teenage years.



# Proposed Layout of New Facilities





# Teen Play Area

- ▶ Relocated to be adjacent to the under 12s playground
- ▶ Provide new equipment for older children (10-14 years)
- ▶ Low maintenance with high play value
- ▶ Full surfaced area around play equipment
- ▶ Provide disability accessible equipment

# What would we like to hear from you?

- ▶ Do you, your family or a member of your household use the play facilities at Broomhall Recreation Ground?
- ▶ If you could keep any elements of the current Teen Play area what would they be?
- ▶ If you had a free choice on what one piece of equipment you would wish to see in the new play area more than anything - what would that be?
- ▶ And parents / grandparents - what would be your preference and conversely your nightmare equipment?
- ▶ Click on Survey to provide answers ... [jump to survey now](#)



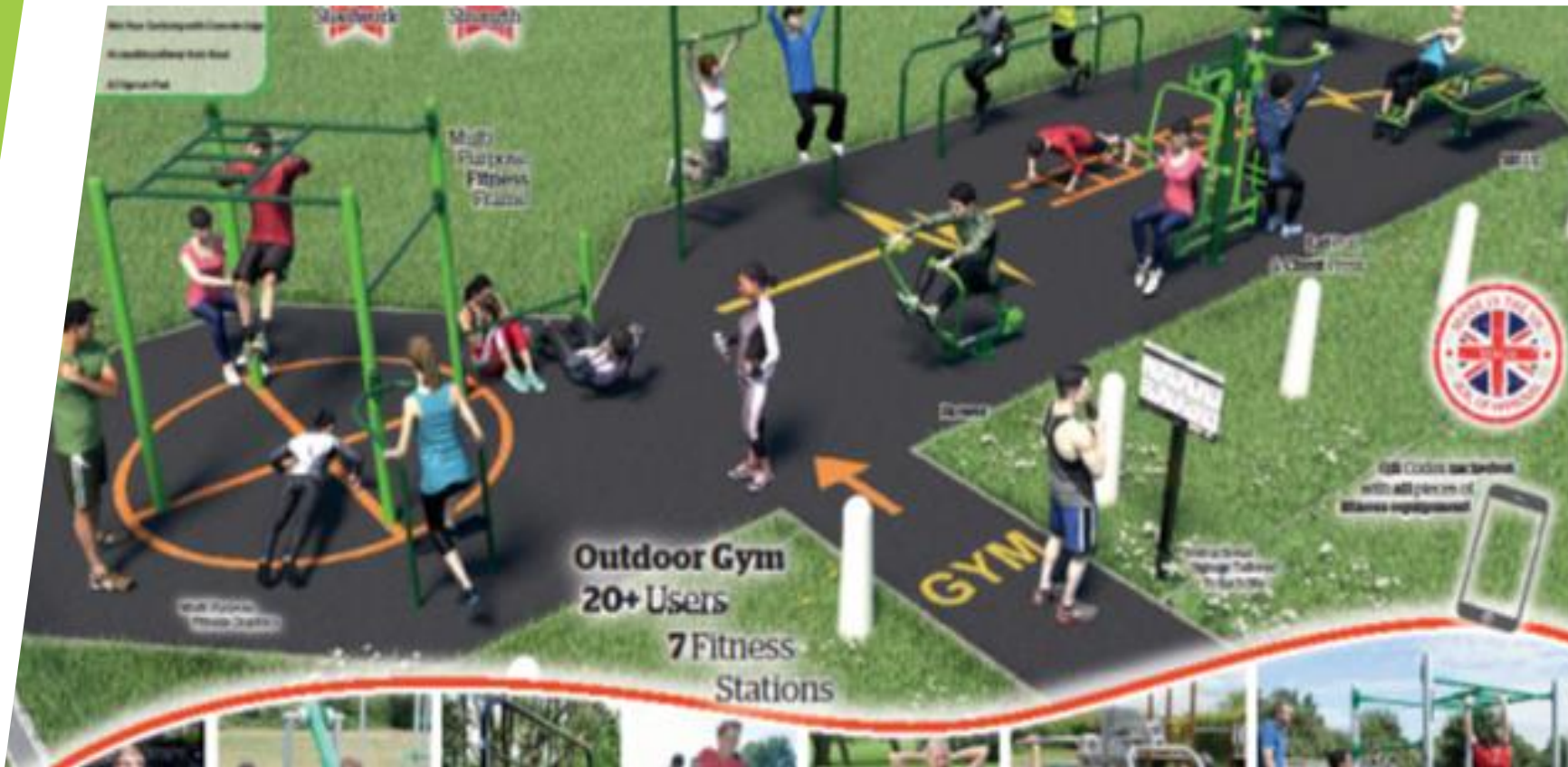
# 3. Adult Fitness Area

- ▶ Current area is co-located with the Teen Play Area, which is no longer permitted for new developments due to safeguarding issues
- ▶ Location by other play equipment means the use for Adult Fitness becomes problematic as there is a competition for equipment access from the Teens
- ▶ Relocation to a separate area of the park adjacent to the Pavilion building will provide security and easier access to the toilets and parking facilities
- ▶ Clear designation of over 14s use
- ▶ Potential of incorporating fitness coaching and use of the equipment during the daylight hours
- ▶ New all weather path from current pathways by the Pavilion
- ▶ Currently no intention of providing lighting in this area

# Proposed Layout of New Facilities







## Adult Fitness Area



# Benefits of Adult Fitness Areas

- ▶ Combining outdoor exercise, natural light and sensory stimulation has a “salutogenic” effect: reducing stress and encouraging healthy behaviours.
- ▶ Eco Friendly - Equipment used in Outdoor Adult Fitness Parks requires no electricity, is low maintenance, and uses very little human resources.
- ▶ People who use Outdoor Adult Fitness Parks often socialize while exercising, strengthening community and interpersonal relationships.
- ▶ Free to use - indoor fitness options can be costly and inconvenient.
- ▶ Exercising outdoors provides all the physical benefits of indoor exercise and can also provide vital exposure to sunlight that increases important levels of vitamin D, unlike indoor exercise.
- ▶ Provide additional opportunities for adults to recreate and participate in physical activity outdoors.
- ▶ Outdoor Adult Fitness Areas promote growth in a healthy community.

# What would we like to hear from you?

- ▶ Do you, your family or a member currently use the fitness equipment at Broomhall Recreation Ground?
- ▶ Do you use outdoor fitness equipment elsewhere?
- ▶ If we relocated and improved the provision, would this be something you would use?
- ▶ If we added fitness coaching (probably for a small week by week fee to the coach) would this encourage you to use the new facility?
- ▶ If you have experience of using fitness equipment, what is the one piece of equipment you would most wish to see provided?
  
- ▶ Click on Survey to provide answers ... [jump to survey now](#)

# And to make it all work - New Footpaths

- ▶ Not only is the proposal for all areas to have their own dedicated new surfaces and footpaths, but to join these up to renew the existing footpath across the Recreation Ground that joins up with Footpath 13 along the railway line.
- ▶ This will not only assist users of the Recreation Ground, but also promote another of the Parish Council's Business Plan objectives of promoting and making provision for Active Travel through walking to and from the village shops and train station.
- ▶ We know many of you use the footpath and many of you are frustrated at how water logged it becomes. Your comments and feedback on how it would work best for you would be appreciated - the next image shows two options of how it could be located - tell us which you prefer ...





**Red Path around MUGA - Option 1**  
**Blue Path around MUGA - Option 2**  
*Note: path to fitness not affected*

# And so - Over to you

- ▶ The Council wishes to confirm and if agreed, proceed with this project Spring 2022
- ▶ This consultation is set to run for 4 weeks from:
  - ▶ **Monday 14<sup>th</sup> February to Monday 14<sup>th</sup> March 2022**
- ▶ The project will then be brought to the Parish Council Meeting on the 22<sup>nd</sup> March and will then be either approved or not.
- ▶ Still got questions - [check out the FAQs](#)
- ▶ So don't miss out on letting us hear your comments
- ▶ [Click Here](#) to complete the survey ...

# FAQs (Page 1 of 3)

## **Is the proposed MUGA size of 37m x 18.5m large enough for 5-a-side football?**

Sports England has provided an average size of 37m x 18.5m as being suitable for adult 5-a-side football. There are a lot of MUGA's that are smaller as they are not captured by Sports England such as schools and many council parks. This is a recreational area, not a competitive facility to be used formally by football clubs so this needs to be considered.

## **Fencing round the MUGA will need to be very strong for 5 a side football**

All fencing provided would be appropriate and consideration would be given at the point of tender on whether to upgrade the quality of the fencing to reduce impact noise.

## **What are the implications for car parking which can already be full at peak times?**

The free to use parking at the Recreation Ground currently provides 42 spaces with expansion planned on this once the Container Library provision is removed. The only expansion on users is expected to be outside of playground hours for MUGA and Fitness requirements. More car parking provision is being reviewed concurrently with this project.



# FAQs (Page 2 of 3)

**What impact will a noisy 5 a side football match have next to professional tennis coaching?**

Tennis coaching can itself be noisy, however this is something that will need to be considered and cross facility management may be needed to facilitate correct use of both provisions. And remember, all the tennis courts sit next to the under 12s playground and in the summer that breaks most sound barriers ...

**Adult Fitness area seems very small?**

The design is intended to provide equipment in a compact space however the proposed location provides ample space for expansion should this be necessary due to increased use and requirements.

**How are contractors chosen to deliver these projects?**

In line with government procurement guidelines, a formal Invitation to Tender would be issued by the Parish Council inviting interested parties to bid for all or part of the project.

**How much will the MUGA use cost?**

From £5 to £25 per hour plus cost of lighting.

The intention is to provide a mixed offering: hours for community use at a reduced rate; hours for local schools; hours for under 18s and hours at full rate in peak times

# FAQs (Page 3 of 3)

## **What will happen to the existing equipment in the Teen Playground?**

The majority of the equipment is beginning to fail and therefore will be of little to no value to be resold. It may be that some equipment can be reused and all equipment that is disposed of will be done so correctly and with environmental responsibility.

## **Will the MUGA require planning permission?**

Yes. This will be applied for if and when the project is approved and moves through the Tender stage.

## **The cost for this entire project is over £300,000, where will this come from?**

The project will be funded from CIL (Community Infrastructure Levy) which the Parish Council receives 25% of the levies received by RBWM against the development within the Parish.

## **Will the residents be consulted on this project?**

Yes - so now is your time to tell us what you think.

# Don't want to answer a survey ...

We are happy to hear from you in other ways ...

- ▶ Call us - 01344 874268
- ▶ Email us [info@sunningdaleparish.org.uk](mailto:info@sunningdaleparish.org.uk)
- ▶ Pop in (don't forget your mask)
  - ▶ Open from 9am to 3pm Monday, Tuesday, Thursday and Friday
  - ▶ CLOSED WEDNESDAY